



GREEN ARMBAND FOIL



Name: _____

CFF Licence: _____

Tested by: _____

Tested by: _____

Testing Date: _____

Location: _____

Skill	Ability Level *			Comments
	1	2	3	
Parries (4, 6, 7, and 8)				
Compound Parries				
Ripostes and Counter Ripostes (simple and indirect)				
Prise de Fer Attacks (with opposition)				
Simple Attacks on Preparation				
Compound Attacks (with feints, disengages, and cutovers)				
Ability to Explain one's Actions (offensively and defensively)				
Appropriate Knowledge of Rules and Etiquette				
Able to Properly Referee Four (4) Bouts				
Able to Properly Keep a Pool Sheet				

* Ability Level: 3 = Acquired, 2 = Being Acquired, 1 = Not Acquired

To acquire an armband, a fencer must attain a minimum of 2 acquired marks (3's) and no "not acquired" marks (1's).