



BLUE ARMBAND FOIL



Name: _____ CFF Licence: _____

Tested by: _____ Tested by: _____

Testing Date: _____ Location: _____

Skill	Ability Level *			Comments
	1	2	3	
Footwork, ½ Step, Breaking the Distance				
Compound Attack with Multiple Feints				
Prise de Fer Attacks (croisé and enveloppé)				
Feint and Cutover Disengage				
Compound Attacks				
Compound Ripostes				
Ceding Parries				
Explain the Opponents Action				
Rules on the Field of Play Boundaries and Sanctions				
Assisting in Orange Armband Level Instruction				
Participate in a Provincial Referee Clinic				
Judging and Keeping a Pool Sheet (Demonstrate ease and self-assurance of analyses. Elimination bouts, scorekeeping, and timing.)				

* Ability Level: 3 = Acquired, 2 = Being Acquired, 1 = Not Acquired

To acquire an armband, a fencer must attain a minimum of 2 acquired marks (3's) and no "not acquired" marks (1's).